Ultimate Blissful Facial – 1 hour 45 mins

Relax and treat your skin to the lovely Beauty for You Facial from Living Nature, utilising their pure and natural skincare range to cleanse, gently exfoliate, tone and moisturise your skin.

Unwind with a scalp massage whilst the mask works its magic on your skin, allow your senses to be in the moment and enjoy a facial and decolletage massage PLUS Gua Sha crystal massage

to help you transend into the ultimate presence of focus and calm, refreshing the mind, to observe your thoughts, senses, feelings and awareness. Time out….. just for you.